

Litteraturliste – positiv psykologi

Positiv psykologi:

Achor, Shawn: *The Happier Advantage*

Bakker & Leiter: *Work Engagement – A Handbook of Essential Theory and Research*

Ben-Shahar, Tal: *Happier*

Biswas-Diener: *En invitation til positiv psykologi*

Biswas-Diener & Dean: *Positive Psychology Coaching – Putting the Science of Happiness to Work for Your Clients*

Bruun & Ejsing: *Styrkebaseret ledelse*

Buckingham, Marcus: *GO put your strengths to work*

Cameron, Kim: *Positive Leadership*

Cameron, Dutton & Quinn: *Positive Organization Scholarship*

Cameron & Quinn: *Diagnosing and Changing Organizational Culture*

Cooperrider, Sorensen, Yaeger & Whitney: *Appreciative Inquiry*

Csikszentmihalyi, Mihaly: *Flow og engagement i hverdagen*

Csikszentmihalyi, Mihaly: *Good Business – Leadership, Flow and the Making of Meaning*

Flensborg, Højland & Reintoft: *Positiv psykologi på arbejde*

Fredrickson, Barbara L.: *Positivity*

Joseph & Linley: *Positive Psychology in Practice*

Langer, Ellen J.: *Det muliges kunst til et sundere og længere liv*

Lopez & Snyder: *Positive Psychology – The Scientific and Practical Explorations of Human Strengths*

Myszak & Nørby: *Positiv Psykologi*

Peterson, Christopher: *A Primer in Positive Psychology*

Peterson & Seligman: *Character Strengths and Virtues – A Handbook and Classifications*

Rath, Tom: *Strengths Finder 2.0*

Seligman, Martin E.P.: *Learned Optimism – How to Change Your Mind and Your Life*

Seligman, Martin E.P.: *Lykkens psykologi*

Hjernen:

Andreassen & Nørmark: *Det virkelige menneske*

Frank, Lone: *Den femte revolution*

Howard, Pierce: *The Owners Manual for the Brain*

Kahneman, Daniel: *Thinking, fast and slow*